



## Proposed N.H. End of Life Options Act

1. Seeking citizens to comment and support.
2. Bill is filed for the legislative session that starts in January, 2024.
3. The proposed NH End of Life Options Act serves adults age 18 and over:
  - a. who are suffering with a terminal condition;
  - b. whose prognosis is death within six months;
  - c. are capable of making health care decisions for themselves;
  - d. who can self-administer the medication.
4. The dying person may request a prescription for assistance-in-dying medications from a health care provider.
5. The health care provider must be a NH-licensed medication prescriber: a physician; an osteopath; an advanced practice registered nurse; or a physician assistant.
6. Any health care provider or institution is free to decline to assist for any reason, and will be held harmless for declining.
7. A health care provider who agrees to assist would verify that the dying person qualifies under the NH End of Life Options Act.
8. The dying person would then consult a second health care provider to confirm their qualifications under the Act.
9. After two health care providers independently verify the person qualifies under the Act, the first provider may legally prescribe appropriate medications.
10. The dying person may then legally self-administer this medication to end their suffering and die peacefully in their sleep.
11. A person enrolled in Medicare-certified hospice meets the Act's six-month prognosis requirement. Such a person would need one consultation to affirm their ability to make health care decisions for themselves, and their ability to self-administer the medication.
12. Medical assistance in dying is practiced in 10 states (ME, VT, CO, NM, HI, MS, NJ, OR, WA, CA) and Washington, D.C., starting with Oregon in 1997.
13. We are seeking #1-in-Freedom-and-Compassion-NH to become the 11th state to allow its dying citizens the freedom to make their own decisions to die as they prefer: peacefully and painlessly.
14. The bill will be introduced in the NH House. It will be assigned to a committee before going with a yes or no recommendation to the full House. If it passes, it goes on to the Senate. If it passes, it goes to the governor for signature. All this would happen between January and June 2024.
15. Contact Rebecca Brown, NH Options, with comments and questions. (603) 728-5557, [rbrown@nhendoflifeoptions.org](mailto:rbrown@nhendoflifeoptions.org)